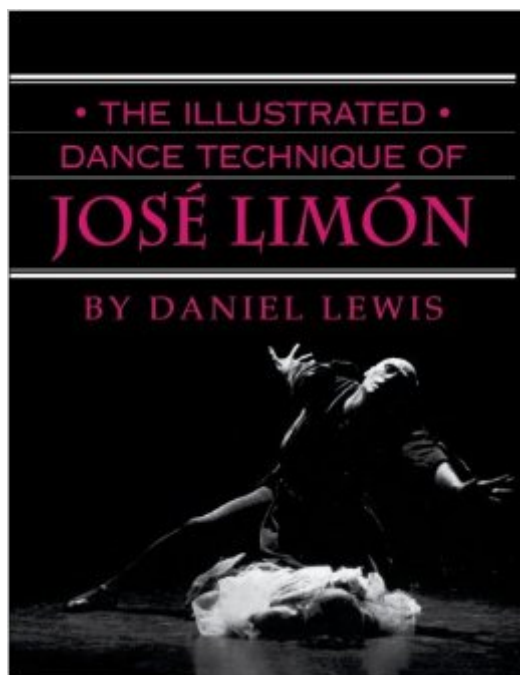


The book was found

The Illustrated Dance Technique Of José Limón



Synopsis

Providing the principles of dance developed by José Limón, this book gives the historical and physical aspects of his style and approach to dance that will be of interest to dancers, teachers, and students of dance at every level. It includes preparatory exercises that teach the fundamentals of dance, gives a breakdown of essential exercises, and includes a complete class beginning with floor work and progressing to center exercises and across-the-floor combinations.

Book Information

Paperback: 208 pages

Publisher: Princeton Book Company (March 1, 1999)

Language: English

ISBN-10: 0871272091

ISBN-13: 978-0871272096

Product Dimensions: 8.5 x 0.6 x 10 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #538,216 in Books (See Top 100 in Books) #23 in [Books > Arts & Photography > Performing Arts > Dance > Choreography](#) #40 in [Books > Arts & Photography > Performing Arts > Dance > Modern](#) #53 in [Books > Arts & Photography > Performing Arts > Dance > Reference](#)

Customer Reviews

This book is a true experience, but it is definitely not for beginners in dance. I am a former dancer, now choreographer. The book gives you a more than well insight in Jose Limon's work and working-methods, and contains wonderful pictures. You get fascinated and humble the more you know about Jose Limon. The examples of exercises in the book is a valuable part of it. They are carefully written down, so you can follow them. If you can read notation there is a unique part with short pieces of choreographies. I really enjoyed to read the book. Limon's work comes even more alive and shows his unique technique. So if you are a dancer or have a good basic in dance, the book is highly recommended. It is one of those books you just want to add to your collection.

This book really shows the incredible skill of Jose Limon. I am a dancer and I really enjoyed this book because it clearly showed the technique of Jose Limon. I would suggest this book to any dancer because it really gives you new perspective on some types of movement. This book really

made Limon's technique and movement come alive.

the principles found in the beginning lend necessary insights into the exercises that follow; great for the creative mind.

My dance teacher uses this syllabus in class and we all love it. The different levels of exercises are perfect, as we can build upon them each week. This is a very useful book.

It's exactly what I was looking for

[Download to continue reading...](#)

The Illustrated Dance Technique of José Limón
How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More
Illustrated Dance Technique of Jose Limon
African Dance Trends (Dance and Fitness Trends)
(Dance & Fitness Trends)
Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers
Foxtrot: Learn To Dance The Foxtrot In No Time
(Dance Acceleration Learn To Dance Book 1)
The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories
The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy)
Tap Dancing (Dance, Dance, Dance)
Advanced Technique for Strings: Viola: Technique and Style Studies for Orchestra
Essential Technique for Strings (Essential Elements Book 3): Cello (Intermediate Technique Studies)
The Power of the Actor: The Chubbuck Technique -- The 12-Step Acting Technique That Will Take You from Script to a Living, Breathing, Dynamic Character
An Alexander Technique Approach to Mandolin Technique
Symphonic Technique for Band: Technical Studies and Chorales Designed for the Development of Ensemble Technique : Bb Trumpet & Baritone T.C.
Illustrated Thesaurus (Usborne Illustrated Dictionaries) (Usborne Illustrated Dictionaries)
Dance Imagery for Technique and Performance - 2nd Edition
Dance Technique of Lester Horton Direct Release
Myofascial Technique: An Illustrated Guide for Practitioners, 1e
Learning About Dance: Dance as an Art Form and Entertainment
Studying Dance Cultures around the World: An Introduction to Multicultural Dance Education

[Dmca](#)